

**Holy Name High School
Physical Education Waiver Application
2016-2017**

The *Physical Education Waiver* is a way to complete one's Physical Education requirement. The PE Waiver is an option available to all freshmen and sophomores. With the PE Waiver, students receive NO CREDIT (not included in total credits earned at Holy Name H.S.) and NO LETTER GRADE (no grade included in GPA earned at Holy Name H.S.). As part of this option, a student is waived from taking the two Physical Education classes required by Holy Name as long as the student completes **TWO FULL SEASONS** of Holy Name athletics, Holy Name marching band, and/or Holy Name cheerleading.

- ✓ The PE Waiver obligation may only be met by completing two full seasons of an H.N. sport, H.N. cheerleading, and/or H.N. marching band.
- ✓ The PE Waiver does **NOT** involve taking one PE class at H.N. and playing one sport. It's an 'all-or-nothing' requirement; two seasons of an H.N. sport, H.N. cheerleading and/or H.N. marching band must be completed to meet the obligation.
- ✓ Should a student not participate in a second season of an H.N. sport, H.N. cheerleading, and/or H.N. marching band the student must then take two PE classes at Holy Name or enroll in PE classes in the summer.
- ✓ Should a student become injured or not complete a season for ANY reason (e.g. quitting a team, being removed from a team, etc.) the student must then take two PE classes at Holy Name or enroll in PE classes in the summer.

Upon completion of the season, Mrs. Carter along with the Athletic Department will verify that the student has completed the season in its entirety.

The second page of this form must be completed and turned into Mrs. Carter in the Main Office by the following dates:

**Fall Season – August 30th, 2016
Winter Season – November 17th, 2016
Spring Season – March 31st, 2017**

*****Please keep this page for your use.***

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Student Name _____ Grade ____

****Please check the one that applies:**

P.E. Waiver Exemption #1 _____

P.E. Waiver Exemption #2 _____

(Please use separate forms for each P.E. Exemption.)

****Season/Year:** _____

(For example: Winter/2016-2017)

****Activity:** _____

(For example: Girls JV Basketball or Wrestling)

****Student Signature:** _____

Date: _____

****Parent Signature:** _____

Date: _____

Failure to turn in paperwork by the established deadline will result in student not earning the PE Waiver. PE Waiver is a privilege. Be sure to abide by the deadline so the PE Exemption is not forfeited.

Verification of Completed Season *(to be completed by H.N. personnel)*

****Mrs. Carter's Signature:** _____

Date: _____

_____ Coach's Verification Via Email

