

**Holy Name High School**  
**Physical Education (P.E.) Waiver Application**  
**2018~2019**

The *Physical Education Waiver* is a way to complete one's Physical Education requirement. The PE Waiver is an option available to all freshmen and sophomores. With the PE Waiver, students receive NO CREDIT (not included in total credits earned at Holy Name H.S.) and NO LETTER GRADE (no grade included in GPA earned at Holy Name H.S.). As part of this option, a student is waived from taking the two Physical Education classes required by Holy Name H.S. as long as the student completes **TWO FULL SEASONS** of Holy Name athletics, Holy Name marching band, Holy Name cheerleading, and/or Holy Name dance team.

- ✓ The PE Waiver obligation may only be met by completing two full seasons of a H.N. sport, H.N. cheerleading, H.N. dance team, and/or H.N. marching band.
- ✓ The PE Waiver does **NOT** involve taking one PE class at H.N. and playing one sport. It's an 'all-or-nothing' requirement; two seasons of a H.N. sport, H.N. cheerleading, H.N. dance team, and/or H.N. marching band must be completed to meet the obligation.
- ✓ Should a student not participate in a second season of a H.N. sport, H.N. cheerleading, H.N. dance team, and/or H.N. marching band the student must then take two PE classes at Holy Name or enroll in PE classes in the summer.
- ✓ Should a student become injured or not complete a season for ANY reason (e.g. quitting a team, being removed from a team, etc.), the student must then take two PE classes at Holy Name or enroll in PE classes in the summer.

Upon completion of the season, Mrs. Carter, along with the Athletic Department, will verify that the student has completed the season in its entirety.

*The second page of this form must be completed and turned into Mrs. Carter in the Main Office by the following dates:*

Fall Season – August 24<sup>th</sup>, 2018  
Winter Season – November 15<sup>th</sup>, 2018  
Spring Season – March 13<sup>th</sup>, 2019

***\*\*Do NOT turn in the PE Waiver application during a different sport season. Please wait for team rosters to be finalized before turning in application.***

***\*\*Please keep this page for your reference.\*\****

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Student Name \_\_\_\_\_ Grade \_\_\_\_\_

**\*\*Please check the one that applies:**

P.E. Waiver Exemption #1 \_\_\_\_\_

P.E. Waiver Exemption #2 \_\_\_\_\_

*(Please use separate forms for each P.E. Exemption.)*

**\*\*Season/Year:** \_\_\_\_\_

*(For example: Winter/2018-2019)*

**\*\*Activity:** \_\_\_\_\_

*(For example: Girls JV Basketball)*

**\*\*Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**\*\*Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Failure to turn in paperwork by the established deadline will result in student not earning the PE Waiver. PE Waiver is a privilege. Be sure to abide by the deadline so the PE Waiver is not forfeited.

***Verification of Completed Season*** *(to be completed by H.N. personnel)*

**\*\*Mrs. Carter's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_ Coach's Verification Via Email

